



# Mt. Airy Children's Dental Associates

*Pediatric Dentistry and Orthodontics for Children and Adults*

David M. Hasson, D.M.D., P.A. and Associated Specialists in Pediatric Dentistry

Stuart A. Sheer, D.D.S. Diplomate, American Board of Orthodontics

## PRE-OPERATIVE INSTRUCTIONS

- ✓ **Morning Appointments** are recommended as children who are well-rested respond better to the sedation technique.
- ✓ **Dietary Precautions** below are in accordance with the recommendations of the American Academy of Pediatrics, American Academy of Pediatric Dentistry & the American Society of Anesthesiologists.
  - **NO MILK OR SOLID FOODS FOR 6 HOURS PRIOR TO DENTAL APPOINTMENT**
  - **CLEAR LIQUIDS ARE ALLOWED UP TO 2 HOURS PRIOR TO DENTAL APPOINTMENT**
    - Water, Apple Juice, 7-UP, Sprite, Ginger Ale,
    - Chicken Broth (**No Noodles or Veggies**)
    - JELLO or Popsicles, Any Color
- ✓ **Medications** should not be given in addition to oral sedation unless our office has prescribed them or we have been first consulted.
- ✓ **Comfortable** clothing is a must. Do not wear nail polish as it interferes with the pulse oxygen monitor in use throughout the procedure.
- ✓ **Arrive** at our office at least 10 minutes prior to appointment time to allow your child to use the restroom. Siblings are not allowed in the treatment room and must remain in the in the reception area with another guardian.
- ✓ **Alert** us to any change in health history.

Please call our office if you have any concerns or questions 301-829-6588

*Specialists in Pediatric Oral Healthcare and Orthodontics for Children and Adults*

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